



'Senior Moments' at Hudson Valley HorsePlay.

Seniors love their outings to our private bucolic setting, just minutes from Minnewaska State Park, Kerhonkson.

Get to know our beloved team of therapy horses, ranging from Holy Mac, our 'fits in-your-pocket' miniature pony mare, to Monday, our tallest Quarter Horse gelding.

Activities may include:

- ★ Observing horses in their natural setting
- ★ Sharing Stories
- ★ Grooming and/or leading a horse
- ★ Riding "Cosmo", our PT-approved simulated horse
- ★ Drawing, painting, or other expressive art projects

Benefits can include:

- ★ Memory & Sensory Stimulation
- ★ Increased Confidence
- ★ Positive Social Interactions
- ★ Connection to Nature
- ★ Physical Movement / Exercise



All visits carefully catered to meet the needs and desires of our guests.

CONTACT US at (845) 616 - 3608 TO DISCUSS A VISIT FOR YOUR GROUP

Costs vary depending on group size. Our property is wheelchair and walker-friendly.

[Email](mailto:info@HudsonValleyHorsePlay.com) for more information or view www.HudsonValleyHorsePlay.com

