

Ready, Set, SCHOOL!

Preparing Young Learners - with PONIES!



Ready, Set, SCHOOL! is a 6-week program. Class length: 45-minutes. Suitable ages 3 - 6. RSS is available year-round.

Contact:

Hudson Valley HorsePlay

(845) 616 - 3608

HorsePlayEal@gmail.com

Or visit:

HudsonValleyHorsePlay.com

A sliding scale available.

No horse experience required.
Handicap accessible.

Farm tours offered daily, by appointment.

Mounted & un-mounted activities to support:

- Focus & awareness
- Feeling identification & self-regulation
- Social skills
- Fine & gross motor skills
- Coordination & balance

Ready, Set, SCHOOL! provides activities to support social/emotional and physical skill development. Youngsters will develop the confidence & skills necessary for both academic, personal and social success.

Via interactions with ponies, students will learn *by experience* how their behaviors, attitudes, and communications styles are working - or not. In addition, the *physicality* of riding ponies builds core strength as well as the fine motor skills necessary for circle time, drawing and handwriting.



Experienced facilitators guide children to discover and practice positive behaviors with their pony-partners in a strength-based, safe, and judgement-free environment.

