



## Horse Activity – Driving for Success - 1

**Target:** Communication and collaboration skills while problem solving

**Skill Areas:** Creative problem solving, communication, collaboration, leadership, teamwork, and assertiveness

### Team Building Activity for Smaller Group

**Duration:** 30 minutes for all teams to drive. There is 30 minutes for debriefing

#### Set-up:

The participants will pair up into teams of two. The two individuals together will drive a horse with two long lunge lines or driving reins as if each were driving individually. One controls each rein. Facilitators will set up the course (right or left turn, circle around a barrel, step over some poles or other obstacles, etc.). This goal is achieved by good communication skills and teamwork (with both horse and human partners).

#### Description/Instructions:

1. You will be divided into teams of two. Your mission is to drive your horse through the course we have created.
2. Each of you together will drive the horse with the two long lunge lines or driving reins as if each were driving individually.

#### Variations:

- Instead of one team of two per horse, you could have a team of two per line (4 for each horse).

#### Materials:

- 1 horse for each team of participants (at least 2 horses), each with a halter and lead rope
- Driving reins and surcingle for each horse
- Any material that can be used as obstacles such as poles, boards, cavaletti, tires, etc. Enough for all teams to work at the same time.

#### Possible Debrief Questions:

- **DISCOVER:**
  - What was the experience like? What was observed?
  - What happened? How did the horses respond to the team?
- **PLANNING:**
  - Did you plan and follow through with that plan?